

# Event: All Ohio Counselors Conference 2022 Registration

## Report: AOCC 2022 Session Counts

Generated At: 20/01/25 4:00 pm

Sessions/Workshops	Number
P3 — Cultivating and Building a Holistic Group Private Practice Monday, 17 October 2022, 10:00 am - 1:00 pm	9
P7 — Lights! Camera! ACTION! SEL Video Broadcasting in Elementary School Monday, 17 October 2022, 10:00 am - 1:00 pm	14
P1 — Trauma-Informed Care from a Multicultural Lens: Infusing Cultural Humility into Counseling Practice Monday, 17 October 2022, 10:00 am - 5:00 pm	51
P2 — Dialectical Behavior Therapy for Adolescents: Navigating Skills Training with Teens and Parents Monday, 17 October 2022, 10:00 am - 5:00 pm	56
P5 — Introduction to Tapping: A Simple Self- Regulating & Stress Release Technique Bringing the Thinking Brain Back Online Monday, 17 October 2022, 10:00 am - 5:00 pm	35
P6 — School Safety Best Practices from the Ohio School Safety Center Monday, 17 October 2022, 10:00 am - 5:00 pm	16
P4 — Strategies for Enhanced Engagement: Voices from the Profession About Diversity, Equity & Inclusion Monday, 17 October 2022, 2:00 pm - 5:00 pm	10
P8 — Keep Yourself in Your Own Shoes: Cultivating a Work Culture of True Connection and Empathy Monday, 17 October 2022, 2:00 pm - 5:00 pm	21
C1 — Systemic View of Historical Trauma Theory Monday, 17 October 2022, 6:00 pm - 7:00 pm	46
C2 — Gender Affirming Letter Writing: A Destigmatizing Approach Monday, 17 October 2022, 6:00 pm - 7:00 pm	7
C3 — Rooted Healing: Creative Use of Trees as Interventions Monday, 17 October 2022, 6:00 pm - 7:00 pm	17
S1 — A Multi-Tiered Approach: Zines & Storytelling Monday, 17 October 2022, 6:00 pm - 7:00 pm	12
S2 — Social Emotional Support: Using the Zones of Regulation and R-Factor Framework and Mindsets Monday, 17 October 2022, 6:00 pm - 7:00 pm	28
S3 — Captivating Career Exploration Including Planning a Career Fair Monday, 17 October 2022, 6:00 pm - 7:00 pm	6
C4 — “TikTok Therapy”: Helping Clients and Students Discern Between the Good, the Bad, and	28

the Ugly	
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
C5 — Radical Rest and the Ethics of Self Care	31
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
C6 — Things To Consider When Counseling African Immigrant Families	3
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
S4 — RAMPing 101	6
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
S5 — Why Aren't Students Using the Skills I'm Teaching?	7
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
S6 — Social Determinants of Mental Health (SDoMH) Considerations for Counseling Children and Adolescents	15
Monday, 17 October 2022, 7:15 pm - 8:15 pm	
C10 — Trauma 101: What Beginning Counselors Need to Know about Trauma in Clinical Practice	62
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C11 — Children Grieve Too: Compassionate Care and Strategies for Forgotten Mourners	66
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C12 — Professional Counseling from a Christian Worldview: Ethical Considerations in Practice	43
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C7 — Watch Your Mouth: The Why and How-To of LGBTGEQIAP+ Affirming Language	64
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C8 — Sticky Thoughts: Strategies for Working with Clients with Intrusive Thoughts	97
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C9 — A Primer on the Integrative Developmental Model of Supervision	27
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S10 — Pre-Apprenticeship Completion Options: Working with Community Resources	24
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S11 — Supporting Regular Student Attendance and Those with Mental Health Concerns	99
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S12 — School Counseling Program Advocacy 101	42
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S7 — Healing Drumming Circles	17
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S8 — How Professionals with Past Trauma Help Students, Parents and Colleagues with their Own Trauma	25
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
S9 — Girls and the Teenage Brain: Techniques for Tapping into Their Superpowers	54
Tuesday, 18 October 2022, 8:30 am - 9:30 am	
C13 — Cultivating Sex-Positivity in Counselors	29
Tuesday, 18 October 2022, 9:45 am - 10:45 am	

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C14 — “TikTok Therapy”: Helping Clients and Students Discern Between the Good, the Bad, and the Ugly Tuesday, 18 October 2022, 9:45 am - 10:45 am	135
C15 — Working in Poverty: Meeting Needs Tuesday, 18 October 2022, 9:45 am - 10:45 am	52
C16 — Counseling Children and Adolescents via Telehealth: Interventions for Your Next Session Tuesday, 18 October 2022, 9:45 am - 10:45 am	37
C17 — Strategies for Supporting Black Girls: Building Resilience, Strength and Leadership Tuesday, 18 October 2022, 9:45 am - 10:45 am	49
S13 — Optimal Conceptual Theory Tuesday, 18 October 2022, 9:45 am - 10:45 am	12
S14 — School Counselors Experiences with ACES and Approaches for Building Protective Factors Tuesday, 18 October 2022, 9:45 am - 10:45 am	96
S15 — Captivating Career Exploration Including Planning a Career Fair Tuesday, 18 October 2022, 9:45 am - 10:45 am	31
S16 — Revamping and Revising Your District's Crisis Response Plan Tuesday, 18 October 2022, 9:45 am - 10:45 am	36
S17 — Data Driven: How to Write an Ohio School Counselor Accountability Report Tuesday, 18 October 2022, 9:45 am - 10:45 am	38
S18 — School-Family Partnerships to Promote Student Mental Health Tuesday, 18 October 2022, 9:45 am - 10:45 am	69
KEYNOTE — Burning at Both Ends ft. Rachel Sheerin Tuesday, 18 October 2022, 11:00 am - 12:00 pm	477
C19 — Complicated Grief: Ethical Considerations in Treatment and Diagnosis Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	47
C20 — Nurturing the Lotus: Sustaining Wellness and Cultivating Resilience Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	40
C21 — Autism and Aging: What Counselors Need to Know Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	35
C22 — Documentation for Success Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	77
C23 — Geeking In: Using Fandoms to Improve Mental Health Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	45
C24 — Addiction Recovery: An Avenue for Post-Traumatic Growth Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	49
S19 — Supporting LGBTQ+ Students During Political Uncertainty Tuesday, 18 October 2022, 12:45 pm - 1:45 pm	62
S20 — Bringing an Interactive Vehicle Career Day to	33

## Your School

Tuesday, 18 October 2022, 12:45 pm - 1:45 pm

S21 — Effective Collaboration: School Counselors  
and Mental Health Counselors

88

Tuesday, 18 October 2022, 12:45 pm - 1:45 pm

S22 — Reboot Your Brain: Destructing Bias

24

Tuesday, 18 October 2022, 12:45 pm - 1:45 pm

S23 — Developing and Implementing a  
Comprehensive School-Based Suicide Prevention  
Program

73

Tuesday, 18 October 2022, 12:45 pm - 1:45 pm

S24 — National School Counseling Week:  
Celebrating Our Profession

47

Tuesday, 18 October 2022, 12:45 pm - 1:45 pm

C25 — Resiliency-Focused Counseling: Fostering  
Healing and Hope for Youth with Trauma Histories

89

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

C26 — Gender Affirming Letter Writing: A  
Destigmatizing Approach

12

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

C27 — Value-Based Conflicts and Ethics in  
Counseling Practice

62

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

C28 — Trauma and the Body: An Introduction to  
Sensorimotor Psychotherapy

94

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

C29 — Forensics for Counselors: Understanding the  
Intersection of Mental Health, the Law and the  
Courts

38

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

C30 — The Power in Counseling: Recognizing and  
Addressing Power in Counseling Relationships

18

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S25 — Making Friends with Data and Advocating for  
your Programming

52

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S26 — Reduce Anxiety, Increase Student Wellness  
and Performance Using Tapping

100

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S27 — School & Community Partnerships:  
Addressing Student and Staff Mental Health and  
Wellness

41

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S28 — Building Students' Hope and School  
Belonging Using Research-Based Surveys and  
Interventions

68

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S29 — Supporting Students from Abroad: Everything  
You Need to Know

13

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

S30 — A Discussion on Suicide and Violence  
Prevention Education in Schools

37

Tuesday, 18 October 2022, 2:00 pm - 3:00 pm

	<b>Number</b>
C31 — Licensed Counselors' Experiences with Workplace Violence: What Do We Know and What Can We Learn? Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	30
C32 — Diverse Needs Among the Hispanic Latino/Latina Latinx Community Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	37
C33 — Supporting Struggling Supervisees: Strength-Based Support and Remediation Strategies Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	56
C34 — Wellness as a Transdiagnostic Framework to Address Mental and Emotional Issues Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	26
C35 — Implementing Trauma Systems Therapy with Children and Adolescents Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	92
C36 — Does Mindfulness Based Cognitive Behavioral Therapy have A Role to Play in the Opioid Pandemic Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	43
S31 — How To Create a "Zen Den" In Your School Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	61
S32 — Why Aren't Students Using the Skills I'm Teaching? Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	57
S33 — College and Career Exploration for All Grades Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	71
S34 — Building A Comprehensive Student Assistance Program Team That Supports Students and Teachers Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	27
S35 — HB 123 and the Role of the School Counselor on the Multi-Disciplinary Team Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	41
S36 — The Power of "So": When the Power of "YET" Loses its Patience Tuesday, 18 October 2022, 3:15 pm - 4:15 pm	57
C37 — Marginalization and Privilege: Roles and Best Practices in Cross-Cultural Counseling Relationships Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	50
C38 — The Use of Virtual Reality in Mental Health: Outcomes, Challenges, and Perspectives Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	24
C39 — Decreasing Ambivalence with Reality Therapy: Clients Moving from Drug Culture to Recovery Culture Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	25
C40 — Youth Suicide Resilience: A Practical Acronym for any Setting Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	82
C41 — 6 Key Strategies for Reducing Burnout as a Busy Mental Health Professional	56

	<b>Number</b>
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
C42 — Becoming a Trauma-Informed Supervisor: Taking Care of Clients, Supervisees, and Ourselves	54
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S37 — "Coping Cat" Anxiety Groups: An Evidence Based Group School Counseling Intervention	103
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S38 — Manageable Data Collection Using the Google Platform	43
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S39 — How Do I Keep It All Straight: Best Practices for Career Center School Counselors	22
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S40 — More Calm, Less Chaos	38
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S41 — Avoiding Malpractice and Public Relations Nightmares When Working with Suicide in the Schools	25
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
S42 — Doggone "Pawmazing" School Facility Therapy Dog Program Guidelines	40
Tuesday, 18 October 2022, 4:30 pm - 5:30 pm	
C43 — Clinical Implications for Work With Transgender Survivors of Human Trafficking	19
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
C44 — There's No "I" in Team: Supporting the People Behind the Athlete	41
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
C46 — Three Tricky Ethical Pitfalls for Working with Couples and How to Head them Off Like a Pro	47
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
C47 — Working Effectively with Court-Mandated Clients: An Interdisciplinary Approach	22
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
C48 — Starting Out a New Supervisory Relationship on the Right Foot	33
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
S43 — Prove That You Make a Difference: Teaching Emotional Regulation & Showing It in a World of Data	92
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
S44 — Creating a "Reset Room": A Safe Space for Dysregulated Students to Reset and Return to Class	77
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
S45 — Advocating for Your Role as an Elementary School Counselor	15
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
S46 — Holy Guacamole, I'm Graduating: Post-Secondary Options After HS	50
Wednesday, 19 October 2022, 8:00 am - 9:00 am	
S47 — Supporting a Student from Inpatient Mental Health Stay to the Classroom: Insider's Perspective	58
Wednesday, 19 October 2022, 8:00 am - 9:00 am	

	<b>Number</b>
S48 — Effectively Handling Oppositional Defiant Behavior Wednesday, 19 October 2022, 8:00 am - 9:00 am	100
SESSION CANCELED C45 — 6 Basic Needs to Creating Personalized Treatment Plan Goals and Objectives Wednesday, 19 October 2022, 8:00 am - 9:00 am	1
C49 — Nonsuicidal Self-Injury: Ethics and Legal Considerations for Counselors Wednesday, 19 October 2022, 9:15 am - 10:15 am	135
C50 — Perinatal Mood & Anxiety Disorders: An Overview Wednesday, 19 October 2022, 9:15 am - 10:15 am	33
C51 — Rainbow Families: Supporting the Caregivers of LGBTGEQIAP+ Youth in Counseling Wednesday, 19 October 2022, 9:15 am - 10:15 am	23
C52 — The Uncomfortable Conversations: Multicultural Development in Supervision Wednesday, 19 October 2022, 9:15 am - 10:15 am	18
C53 — Cannabis Controversy: What Counselors Need to Know when Treating PTSD and Addiction Wednesday, 19 October 2022, 9:15 am - 10:15 am	49
C54 — Ecotherapy: Why it Matters and How to Use it in Counseling Wednesday, 19 October 2022, 9:15 am - 10:15 am	50
S49 — Developing Cultural Humility with School Staff Wednesday, 19 October 2022, 9:15 am - 10:15 am	13
S50 — 10 Strategies for Building a More Trauma-Informed School Right Now Wednesday, 19 October 2022, 9:15 am - 10:15 am	52
S51 — Beyond Jenga and Uno: Games to Enhance your School Counseling Program Wednesday, 19 October 2022, 9:15 am - 10:15 am	98
S52 — We Have Feelings Too: Working with Teenage Boys in the School Counseling Setting Wednesday, 19 October 2022, 9:15 am - 10:15 am	77
S53 — Career Pathways Through Building Trades Apprenticeships Wednesday, 19 October 2022, 9:15 am - 10:15 am	15
S54 — Ohio's Graduation Requirements Wednesday, 19 October 2022, 9:15 am - 10:15 am	76
C55 — Ethics In Action: Applying Foundational Ethical Concepts & Implementing a Decision-Making Process Wednesday, 19 October 2022, 10:45 am - 11:45 am	56
C56 — Suicide: Tools for Everyday Practice Wednesday, 19 October 2022, 10:45 am - 11:45 am	93
C57 — Self-Injury: Controversial Treatment Considerations Wednesday, 19 October 2022, 10:45 am - 11:45 am	74
C58 — Conscious Coping: An Innovative Framework for Teaching Clients how to Cope Effectively	112

	<b>Number</b>
Wednesday, 19 October 2022, 10:45 am - 11:45 am C59 — Happy to Accomodate: Clinical Accommodations for Clients with Intellectual/Developmental Disabilities	16
Wednesday, 19 October 2022, 10:45 am - 11:45 am C60 — Mental Health Advocacy: Community Partnerships and Creative Interventions	36
Wednesday, 19 October 2022, 10:45 am - 11:45 am S55 — JCAP & SCAP (College & Career Application Process)	33
Wednesday, 19 October 2022, 10:45 am - 11:45 am S56 — Youth Service Landscape Analysis	5
Wednesday, 19 October 2022, 10:45 am - 11:45 am S57 — Everything You Need to Rock Your Own Advisory Council Meetings	28
Wednesday, 19 October 2022, 10:45 am - 11:45 am S58 — Transforming the Relationship Between School Counselors and School Administration	70
Wednesday, 19 October 2022, 10:45 am - 11:45 am S59 — Forms, Sheets, Autocrat - Oh MY!!	46
Wednesday, 19 October 2022, 10:45 am - 11:45 am S60 — The Clarity Inisight Journey	43
Wednesday, 19 October 2022, 10:45 am - 11:45 am C62 — Healing Through Four-Legged Friends: The Value of Animal Assisted Therapy	127
Wednesday, 19 October 2022, 12:00 pm - 1:00 pm C63 — Helping in the Aftermath: Effective Trauma Counseling for Sexual Violence Survivors & Thrivers	149
Wednesday, 19 October 2022, 12:00 pm - 1:00 pm S61 — Positively Impacting Students' Career Planning	113
Wednesday, 19 October 2022, 12:00 pm - 1:00 pm S62 — Examining the Culture of Whiteness in our Schools	116
Wednesday, 19 October 2022, 12:00 pm - 1:00 pm S63 — So You Want to Play Sports in College: How Your School Counselor Can Help	39
<b>Totals</b>	<b>6853</b>